



On the 25th of August 2016, some 30 visitors gathered outside the main barn on Trägsta farm, outside Östersund. We were farmers, agricultural advisors, journalists experts and project leaders. It was a beautiful day and the farm setting beside the big lake was stunning. Eva and Torgny Widholm welcomed us and presented the farm and the activities in general and the ones with special focus within the SOLMACC project.

The farms main goal is to "produce organic milk of high quality in an environment which is preferred by human beings as well as by animals." Altogether 5 people are working at the farm, 4 of them are family, mother, father and two daughters.

During a farm walk Torgny described the actions taken for the anaerobic fermenting of manure. The result of the slurry spread on the fields shows improved effect of nutrients after the manure been through the plant with anaerobic fermenting - compared with the effect of the manure spread fresh without passing through the plant for anaerobic fermenting.

The fodder for the farms 300 animals is to a very high extent produced on the farm. The animals are grazing during the months when weather conditions is in favor. Some of the animals have the possibility to walk outside all year around. All animals walk freely while indoors. The fodder is efficiently distributed by a feeding robot and much more of the daily work with the 140 milk cows are mechanized. Milking of the cows is done by two robots.

During the visit an extended walk through the silvopastoral system gave visitors a clear idea of how to handle a fenced mixed forest/grazing area. Cattle and sheep graze the area and neatly selected trees will grow and produce wood at the same time. Torgny showed how stem are pruned for maximizing timber value. The cattle were accompanying the visitors along the walk. At certain spots the group gathered and discussed climate issues, the carbon sequestration in the biomass and the methods for most efficient technique in the short and the long run.

A journalist from the Swedish agriculture magazine ATL participated all day and produced a film and published an article. To express the gratitude of the visitors for the nice field day one of the visiting farmers performed a rap (about "Let the Swedish milk producers stay in business") in the grazing area. The rap where shot by the journalist and presented the day after

<http://www.atl.nu/lantbruk/rappande-bonden-ar-tillbaka/>

The article from the field day in the same magazine

<http://www.atl.nu/lantbruk/klimatsmart-mjolk-med-skogsbete-och-biogas/>



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